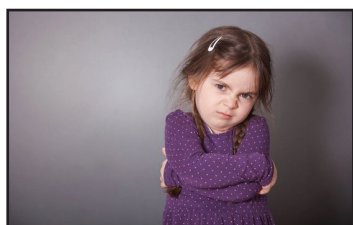


Triple P Stepping Stones Positive Parenting Program



Please join us for the next Stepping Stones Triple P

Groups are for parents of children with special needs. Come to one or come to all!

Groups meet at ParentsCAN from 9:00 ~ 11:00 AM

Childcare is available. Please register by calling: (707) 253-7444

- 10/9 A Guide to Positive Parenting**
- 11/13 A Guide to Early Learning Skills**
- 12/11 A Guide to Language and Communication**
- 1/8 A Guide to Mealtimes | Self-Care Skills | Toileting**
- 2/12 A Guide to Social Skills | Disruptive Behavior**
- 3/12 A Guide to Being Part of a Community**
- 4/9 A Guide to Fears and Anxiety**
- 5/14 A Guide to Family Adaptation**



Every child's journey is different. We partner with and guide parents when challenges arise in their child's education, health, behavior or development, so children can reach their full potential.

ParentsCAN
1909 Jefferson Street | Napa, CA | 94559
(707) 253-7444 | www.parentscan.org

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10/9 A Guide to Positive Parenting

Positive parenting is an approach to parenting which aims to promote children's development and manage children's behavior in a constructive and non-hurtful way. Learn how to use good communication and positive attention to help your child develop.

11/13 A Guide to Early Learning Skills

Nearly all activities require children to pay attention. For many children with a disability, the skill of paying attention or listening to information does not come easily. Learn tips to help your child attend to things like instructions, toys or other children.

12/11 A Guide to Language and Communication

Infants and children communicate in lots of ways before they actually learn words. They can get their message across with facial expressions, gestures and sounds. Learn how to assist your child to communicate even when they are not yet using words.



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1/8 A Guide to Mealtimes | Self-Care Skills | Toileting

Family meals can be an enjoyable social event. Independence in grooming and personal hygiene can be encouraged in children as young as toddlers. And all parents look forward to the day their child leaves diapers behind! Learn an encouraging and planned approach to helping your child achieve these skills.

2/12 A Guide to Social Skills | Disruptive Behavior

Playing, sharing, whining and tantrums - these can all be a part of your child's development. Learn how to encourage your child to have fun while still using appropriate ways of communicating and accepting that they cannot always have their own way.



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3/12 A Guide to Being Part of a Community

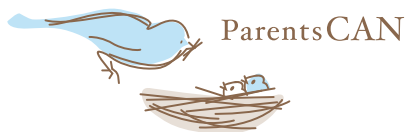
Families with a child who has a disability should have opportunities to develop friends and enjoy social activities as other families would. Learn tips on how to make things like shopping, traveling and getting a hair cut more enjoyable and less stressful for you and your child.

4/9 A Guide to Fears and Anxiety

Fears are common in childhood and are a normal part of growing up. But some children experience anxiety so strongly that it stops them from doing things. Learn how to help your child with separations problems, visits to the doctor, nightmares or self-harm.

5/14 A Guide to Family Adaptation

All families go through change when their child is born, grows and goes to school. Learn how to find a balance between the stress and demands on you, and the resources you need to adapt to having a child with a disability.



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